



**BUILDING
BRIDGES**

**WOMEN'S HEALTH IN
WOMEN'S HANDS
COMMUNITY HEALTH CENTRE
2024
ANNUAL REPORT**



Alliance for Healthier Communities
Alliance pour des communautés en santé



**DOWNTOWN
EAST TORONTO**
ONTARIO HEALTH TEAM

WHIWH-CHC is a proud member of The Alliance for Healthier Communities and The Downtown East Toronto Ontario Health Team



**WOMEN'S HEALTH
IN WOMEN'S HANDS
COMMUNITY HEALTH CENTRE**
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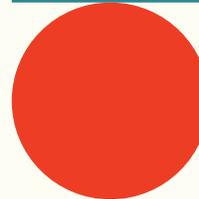
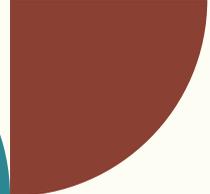
WOMEN'S HEALTH
IN WOMEN'S HANDS

STRATEGIC PLAN

2022-2027

READY FOR MORE

Becoming a Centre for Excellence
in holistic healthcare for racialized
women, trans and non-binary people



OUR NEW FOUNDATIONAL STATEMENTS

Mission

WHIWH CHC provides racialized women, trans and non-binary clients from the African, Black, Caribbean, Latin American and South Asian communities in Toronto and surrounding municipalities with culturally safe, relevant, and responsive primary healthcare. We are changemakers engaged in knowledge transfer and exchange, research, capacity building and advocacy within and across multiple systems.

Vision

We envision optimal health, safety and wellbeing for all racialized women, trans and non-binary people across their lifespan.

Our Commitment

As the only centre of its kind in North America, WHIWH CHC aims to empower racialized women, trans and non-binary people, and improve their health outcomes. Working together as a multidisciplinary team to provide quality holistic health care, we are committed to working from a trauma-informed, intersectional feminist, pro-choice, anti-racist, anti-oppressive, sex-positive, harm reduction, and multilingual participatory framework in addressing the issue of access to healthcare for our mandated priority populations.

OUR STRATEGIC PRIORITIES

STRENGTHEN

We will strengthen our core and invest in our capacity for growth and sustainability

Objectives

- Assess our current operational, administrative, program and service structure to ensure we have the right complement of human resources.
- Review employee compensation, wellness and benefits packages to ensure we provide competitive offerings that motivate and retain staff and reflect our intersectional feminist values.
- Invest in continuous staff development and training to ensure that staff are empowered and capacitated to carry out their work in full alignment with our mission and values.
- Determine the needs, invest in the development of much needed operational systems, tools and planning processes including IT systems (hardware, software and expertise) process automation and digital health capacity.
- Develop a values-driven resource mobilization strategy to diversify and grow revenue streams and ensure growth and sustainability.

SHARPEN

We will sharpen our focus and deepen our response

Objectives

- Increase our ability to support clients to navigate service systems, provide more comprehensive services, innovate and where appropriate, expand programs within a hybrid model which balances the convenience of virtual programming and telemedicine with in-person offerings.
- Create opportunities for greater collaboration and reciprocal, equitable partnerships within the Alliance for Healthier Communities, community and governmental partners, strengthening the capacity of others.
- Become a Research Centre of Excellence for the health of racialized women, trans and non-binary people that is recognized and respected as a subject matter expert in the sector.
- Develop a communication and branding strategy that modernizes the WHIWH CHC brand and highlights its offerings, successes and attracts new supporters. Overhaul the website to increase functionality and reflect our new strategic priorities.

BUILD

We will build and create a physical site for our Centre for Excellence

Objectives

- Build/create an accessible, safe, culturally-relevant, community-embedded space to house our Centre of Excellence and anchor our work.
- Design and execute a major gifts and donations capital campaign for the construction/renovation of a new building, the acquisition of land and the purchase of large-scale equipment.

- Establish multiple satellite and mobile locations across the GTA through strategic partnerships to extend our ability to deliver programs and services.

[Click to visit readyformore.ca](https://readyformore.ca)

MESSAGE FROM THE EXECUTIVE DIRECTOR AND THE BOARD CHAIR



We are proud to recognize that Women’s Health in Women’s Hands Community Health Centre (WHIWH) has been and continues to be a Centre that is focused on its commitment to quality healthcare while providing a supportive and inclusive environment for the many racialized women, transgendered and non-binary people that walk through our doors. As the climate in which we provide care

changes, we continue to evolve with it, work diligently and remain focused on removing barriers that inhibit individuals from leading healthy lives.

Over the last year, the scope of the comprehensive Operational Review conducted provided a detailed breakdown of areas where WHIWH can strengthen services and program delivery, streamline intake processes and ensure consistency. We know that we cannot do it alone, and that our efforts would require the work and committed approach of “it takes a village.” In that same vein, we embarked on a bold move towards prioritizing the establishment of new transformational partnerships while strengthening the existing ones.

Building bridges with our community partners is not just beneficial but it is essential for achieving our shared goals and creating a lasting impact for our priority populations. We continue to develop and maintain equitable and reciprocal partnerships that focus on open communication, mutual respect, and shared values. Relationships have been strengthened through joint initiatives, strategic advocacy and community events, which have created opportunities for greater collaboration while leveraging our diverse perspectives and resources. This synergy allows us to showcase our commitment to addressing our community needs more effectively, develop innovative solutions and enhance the visibility and credibility of WHIWH.

In closing, WHIWH truly appreciates the incredible opportunities to continue to work meaningfully with our clients and communities, our funders and other stakeholders to ensure that excellent service and equitable access to healthcare remain at the core of everything we do. We also wish to send a heartfelt “thank you” to the WHIWH membership, board, staff, students and volunteers for their unwavering commitment, passion and energy to help make WHIWH a dynamic and vibrant workplace and organization.

Lori-Ann Green-Walker
Executive Director

Allyson Collymore
Board Chair

WHIWH CHC BOARD OF DIRECTORS



Allyson Collymore
Chair



Natalie Madramootoo
Vice Chair



Emily Verghis
Secretary



Millicent Dixon
Treasurer



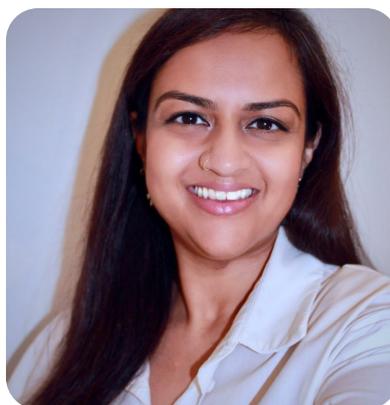
Danielle Leon Foun Lin
Member at Large



Suzanne Charles Watson
Member at Large



Sevda E. Mansour
Member at Large



Sadaf Farookhi
Member at Large



Najma Ibrahim
Member at Large



Delivering High Quality Evidence-Informed Primary Healthcare for Racialized Women, Transgendered and Non-binary People



2170
Clients receive ongoing primary care at WHIWH



Number of Client Visits
19,200

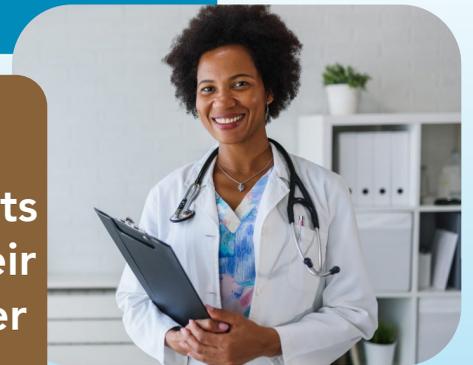
Registered Clients:
4032

74%
of Clients with Type 2 Diabetes received care from 2 or more members of the inter-professional care team

80% of Eligible Clients Received Their Cervical Cancer Screening

74%
of Eligible Clients Received Their Colorectal Cancer Screening

79% of Eligible Clients Received Their Breast Cancer Screening

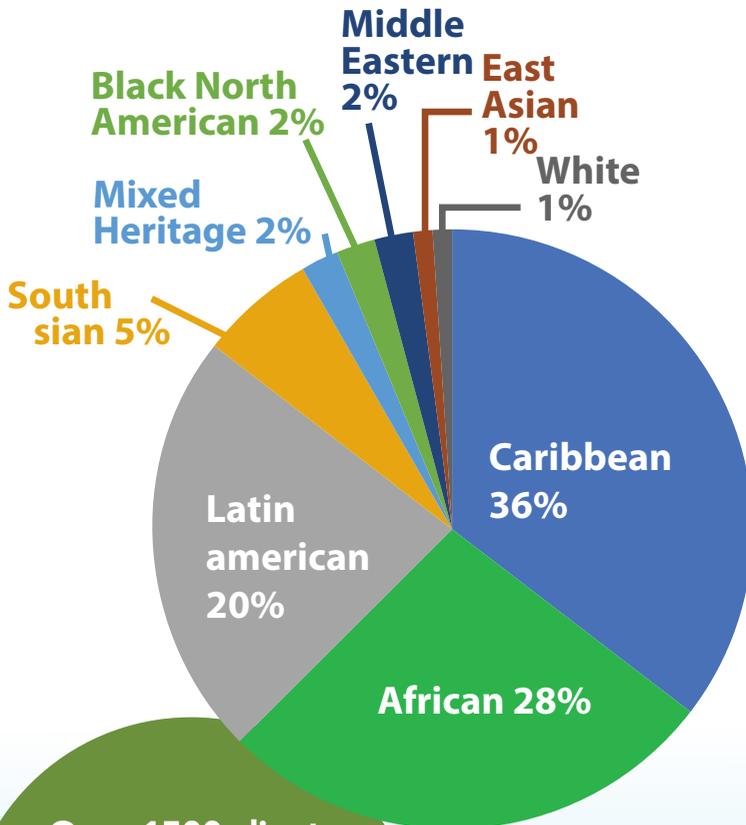


Addressing Health Equity at the Forefront



Top 10 Reasons for Visit

1. Request for Results of Test(s)
2. Food Insecurity
3. Type II Diabetes
4. Depression
5. Visit for Prescription Renewal
6. Hypertension
7. HIV Disease
8. Visit for Pap Smear
9. Feeling Anxious
10. Visit/ screening preventative imunizations



Over 1500 clients accessed our Food Bank last year, benefitting over 5,000 family members

Top 5 Languages

1. English
2. Spanish
3. French
4. Amharic
5. Swahili



Client & Community Centred Care

Highlights from the 2023/24 client survey, 280 Clients participated this year. Here is what they had to say

“For all the providers and staff that take the time to see me I am truly grateful- I have been able to heal in ways I never thought possible.”

“I would like to express my gratitude to the dietitian, she has been a great support and education during the time that I have been working with her. She is very professional and approachable, has guided me and helped me managing my weight and A1C.”

“This center is very helpful, I would recommend it to family and friends. Keep up the good work.”

- 85%** felt that WHIWH services helped improve their health and wellbeing,
- 80%** strongly agreed that WHIWH has a positive impact on their community
- 94%** indicated that they receive services in language of choice.
- 82%** felt their health care provider always explains things in a way that is easy to understand
- 94%** felt the current hours of operation were accessible to their needs

- 81%** indicated that staff informed them about treatment options available and involved them in decision making about the best option.
- 80%** felt that health centre staff spend enough time with them during an appointment
- 77%** of the clients were satisfied with the extent WHIWH staff listen to them.
- 88%** of the clients felt comfortable and welcome at WHIWH

PRIMARY HEALTH CARE

● Better Health Hypertension program

WHIWH's Primary healthcare initiative "Better Health Hypertension program" is a 3-years duration program funded by TD Bank. The goal of this program is to provide our hypertensive and at-risk clients of age 40 years and above an education about primary, secondary and tertiary prevention strategies to take control of their high blood pressure. The prospective objectives are change in behaviour, knowledge on hypertension and its short and long-term consequences as well as an ability to record and document blood pressure readings to stay normotensive! Assessment tools are designed for quality assurance as well as to capture data about knowledge increase, workshops evaluation, Ontario quality standard questionnaires etc. clients with having a better quality of life and autonomy over their health was and remains at the core of the program!

Following are the statistics of program:

- In-center total workshops-13
- In-center participants:82
- Community outreach workshops:11
- Community outreach participants: 113
- Number of participants tracked for BP number:90
- Total participants:195
- One on one education sessions: 13
- Total community outreach intakes: 45

Components of program:

- Educational activities such as PowerPoint presentations about hypertension, its pathophysiology, signs and symptoms, short- and long-term complications
- Hands-on training on digital blood pressure monitor and how to track and report numbers
- Workshops on stress management, healthy

- eating and physical activity
- One-on-one hypertension education hybrid sessions

Following is very succinct feedback of one of our satisfied participants:

"I would like to express my deepest appreciation and gratitude for the workshops conducted by Amina Chaudhary and her assistants during the past years. I found them to be well designed, formulated and presented in a form that was easy to understand and follow by all participants in the workshops. We were given BP machines and demonstrations of the correct way to measure blood pressure using these machines. These workshops also provided diet and exercise information in helping to keep blood pressure in the acceptable levels thus preventing heart attacks and other devastating health issues. In addition, there were regular on line follow ups for us to provide our BP measurements"





● **Breast and Cervical Cancer Screening for BLACK WOMEN; A Partnership between Women’s College Hospital and Women’s Health in Women’s Hands CHC**

For the past three years, Women’s Health in Women’s Community Health Centre has collaborated with The Peter Gilgan Centre for Women’s Cancers at Women’s College Hospital to enhance access to vital health screenings for breast and cervical cancer, focusing specifically on facilitating annual screening events for Black women in the community. The overall goal of this partnership is to promote early detection and cancer

screening for Black women in the Greater Toronto Area (GTA) and surrounding regions. Specific objectives include creating a safe, inclusive, and culturally affirming space where Black women can ask questions and learn about screening guidelines, developing and maintaining strong community partnerships, and facilitating accessible screening opportunities.

This year, the screening event took place on July 25th and was a success, drawing women seeking essential health services. The Women’s Health in Women’s Hands Community Health Centre (CHC) played a crucial role in the planning committee, ensuring that the event was tailored to meet community needs. The event benefited greatly from the dedication of our nursing staff, particularly Junic Wokuri and Sherly Valencia, whose expertise and commitment fostered a welcoming atmosphere and ensured smooth operations. This ongoing collaboration exemplifies a proactive approach to women’s health; by continuing to collaborate on the events, we not only promote early detection of breast and cervical cancer but also strengthen community ties and empower women to prioritize their health.



RESEARCH AND PROGRAMS TEAM

Women's Health in Women's Hands model of care bridges service delivery, knowledge generation and policy making as a continuum. The Research and Programs team, together with our research partners, generate the evidence that guides the development and implementation of programs and interventions delivered to racialized women who access services at the centre. We develop, pilot test and evaluate interventions and roll the out as ongoing programs aimed at enhancing the health of racialized women across the lifespan. Over the past year, we have successfully implemented, monitored and evaluated several ongoing programs, secured funding for new projects, and organized various knowledge exchange activities. These activities have facilitated the sharing of research and service delivery evidence with stakeholders, including service providers, researchers, policymakers, and the communities we serve.

The team is pleased to welcome **Chinaecherem (Chichi) Udoh** as the new Research and Programs Administration Coordinator. Chichi brings into the role her many years of experience as an administrative coordinator and holds a certificate in human resource management. She has previously served as an active community health ambassador with the Immunization Partnership Fund (IPF) project, demonstrating proven skills in program coordination, office management, and cross-functional collaboration. Chichi is passionate about promoting health equity and supporting marginalized communities.



COMMUNITY PROGRAMS UPDATE.

● **The Empowered African, Caribbean, & Black (ACB) Women's Wellness Gathering Project**

The Empowered African, Caribbean, & Black (ACB) Women's and Gender Diverse People's Wellness Gathering Project concluded in the spring of 2024 after 5 years of successfully delivering virtual mental health promotion workshops to the ACB community in Toronto & GTA, as well as Hamilton, Windsor, and Ottawa. With 36 ACB peer leaders and 481 ACB women attending 8-week workshops, this

project had a positive impact on the health and well-being of its peers and participants by providing tools and resources that highlighted emotion regulation and self-care practices. On March 8th, 2024, a Knowledge Translation Event (KTE) was held to disseminate project overviews, knowledge products (Toolkit, Digital Storytelling Videos, and Podcast Episodes), and create opportunities for building community connections.



● Flourish: Collaborative Approaches for Supporting Survivors of Female Genital Mutilation/Cutting (FGM/C)

The Flourish project, funded by Women and Gender Equality Canada (WAGE), aimed to improve support systems for survivors of FGM/C and those at risk. This involved implementing a framework for service providers and distributing a toolkit focused on culturally appropriate and trauma-informed care strategies. Throughout the project, which concluded in the Spring of 2024, various awareness-raising and educational activities were conducted, including webinars, workshops, podcast episodes, informational videos, and peer-led kitchen table talks. In collaboration with the RHCforFGC project at Gender.Net Plus, a digital platform was developed to host resources and a virtual service access map, providing a pathway to connect survivors and women at risk of gender-based violence (GBV) to community support organizations across the country. The project concluded with a Knowledge Translation Event to mark the International Day of Zero Tolerance for Female Genital Mutilation.

To access all project resources and more please visit www.flourishaccess.ca

● Immunization Partnership Fund (IPF) Project

Funded by the Public Health Agency of Canada (PHAC), the IPF initiative aimed to optimize COVID-19 vaccine up-take among racialized women served by WHICH-CHC. This was achieved through vaccination literacy workshops, virtual town halls, one-on-one vaccine counselling, the use of social media for positive messaging, and a Knowledge Translation and Exchange event. The project met several objectives, including:

a) enhancing the capacity of healthcare providers working with racialized women as vaccinators; b) equipping peers from racialized communities with knowledge and skills to support COVID-19 education and outreach; c) increasing knowledge, dispelling myths, and addressing vaccine hesitancy in racialized communities; and d) promoting and supporting vaccination uptake among racialized women in community settings.

● A Gender-Based Violence (GBV) Cascade of Prevention, Support and Care for Racialized and Immigrant Women

Through lessons learned from Flourish and WHIWH's successful HIV Care Cascade, WHIWH has launched the GBV Cascade program. This program aims to address the various risks and socio-cultural factors experienced by racialized women, and the need for culturally appropriate and safe GBV services. With the help of community peers, as well as an advisory committee consisting of women leaders, advocates, survivors, and community service providers, WHIWH is piloting a promising practice to address primary violence prevention and linkage to care. So far, we have accomplished peer-led Kitchen Table Talks, a Digital Storytelling Workshop, and Blog Posts.

The program has recently welcomed Zayanna Findlay, who is leading holistic one-on-one case management for gender-based violence (GBV). Her role involves safety planning for women and their children, advocacy, and referrals to community services and counselling. Zayanna has four years of experience working as a shelter and community support worker, providing counselling and advocacy services for women and children affected by violence. Additionally, she has collaborated with various partners

and organizations within the social service and health sectors.

For more information on this program, contact the team at flourish@whiwh.com



● Positive Actions Initiative -Young Women Stigma Reduction Project.

Positive Actions initiative is a project funded by the Public Health Agency of Canada and led by REACH Nexus (May 2024- April 2025). We are adapting a culturally focused, trauma-informed stigma reduction intervention to target multi-dimensional forms of stigma-faced by young ACB women, to alleviate the psychological distress caused by HIV stigma and provide young African, Caribbean, and Black (ACB) women the opportunity to and other intersecting stigma based on race, gender, sexual orientation, etc. to foster well-being and inner strength and self-determination.

Positive actions involve peer-led, group-based educational workshops designed to reduce HIV-related intersectional stigma, prevent

secondary HIV transmission, and promote and support access to treatment, care, and support for young ACB women aged 16-29.

Check out the links below to learn more about WHIWH's positive action. Positive Actions (www.positiveeffect.org)

For more information contact: Mary Ndung'u maryn@whiwh.com

● National HIV Prevention Program

The Integrated National HIV Prevention Strategy for African, Caribbean, and Black (ACB) people in Canada is a five-year project funded by the Public Health Agency of Canada and is currently in its third year. Through this project we have been delivering HIV-related educational workshops targeted to service providers and ACB community members. This project is a partnership with Africans in Partnership Against AIDS (APAA) in Toronto, AIDS Committee of Ottawa (ACO), Black Coalition for AIDS Prevention (Black CAP) in Toronto, HIV Edmonton, Community Alliance for Accessible Treatment (CAAT) in Toronto, and SafeLink Alberta, in Calgary. Through outreach at events like PRIDE, Afro fest, community BBQs, we have been able to 8,485 HIV self-test kits since the start of our HIV self-test kit distribution efforts. Over the last year, our team was also able to create a World AIDS Day video, speaking on our experiences with this project. Finally, we have recently created an Instagram account to highlight all the work we are doing and any upcoming workshop events, it can be found on Instagram @1love1stop.

For more information contact: Orit Awoke orit@whiwh.com



● **Anti-Black Racism as Root Cause: ACB Knowledge in the Fight Against HIV-AIDS.**

This is a five-year project, funded through the Community Action Fund (CAF) of the Public Health Agency of Canada. The project focuses on combating Anti-Black racism in HIV services by engaging African, Caribbean, and Black (ACB) community members to recruit and train 50 peers across four Canadian regions. These peers will enhance their ability to identify gaps in HIV services, advocate for their needs, and deliver educational activities to service providers to improve service delivery to ACB populations. The development and review of Anti-Black Racism scorecards by ACB community members, service providers, and staff from AIDS Service Organizations has been successfully completed. The data gathered has highlighted current gaps and issues within HIV services. We are now developing an Anti-Black Racism Index and training guide to better equip community members and staff for improving service delivery.

For more information on this program, contact the team at nonty@whiwh.com

● **Empowered by PrEP: Increasing education, awareness, access, and uptake Of PrEP for Black and racialized women.**

This project aims to develop a PrEP promotion and linkage to care program. The program will be designed to reduce barriers to PrEP as an HIV prevention tool through education and awareness building; the development of culturally relevant promotional and educational resources; establishing linkage to care pathways with external organizations, and the implementation of a PrEP clinic at our center!

The clinic will provide ongoing support to Black and other racialized clients on a PrEP regimen, through testing, intake, and eligibility, prescribing PrEP, navigating financial/ insurance coverage of PrEP, and counselling support for issues around retention and adherence. We will also utilize peers to provide ongoing support for our PrEP clients.

We are planning our first knowledge mobilization, transfer and exchange event on PrEP to be held on November 1 and 2, 2024.

For more information, on the project and to register for the knowledge mobilization, transfer and exchange event, please contact Natasha Lawrence at natasha@whiwh.com.

● **Enhancing Continuity of Care for African, Caribbean and Black Women Newly Diagnosed with HIV During COVID-19 Recovery.**

This project is funded by the Slaight Family Foundation's Women and Girls Initiative to support the optimization of our HIV prevention and care cascade to improve linkage to care, reduce HIV-related stigma and promote optimal health for African, Caribbean, and Black women (ACB) women newly diagnosed with HIV through the implementation of a retention in care plan.

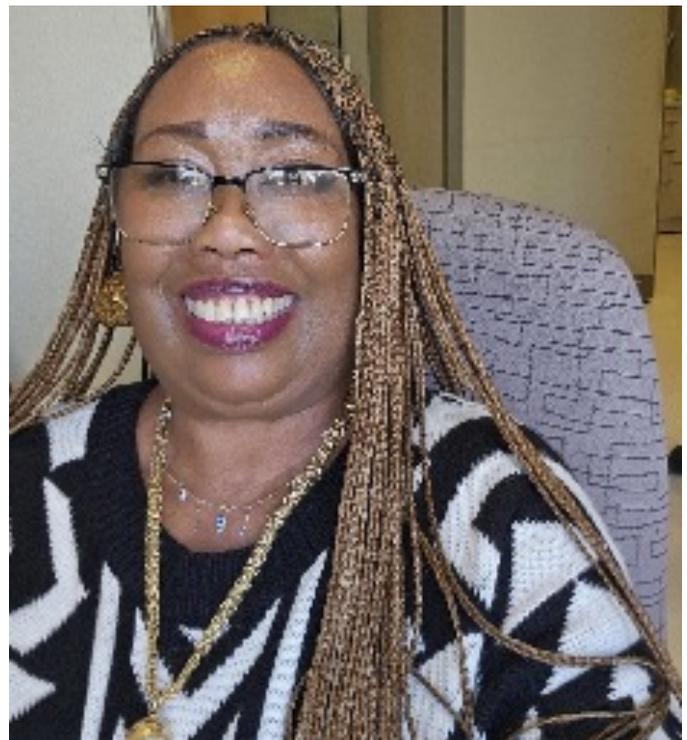
In the last year, we successfully connected over 70 women to care, integrating a nurse practitioner led model to provide comprehensive women-centred services ensuring a seamless transition to HIV care. Other services provided through the program include post-test counselling, system navigation, referrals to AIDS service organizations, wellness calls, hospital and home visits, mental health supports, as well as peer support.

We will continue to collaborate with healthcare professionals, HIV testing sites, and other stakeholders to address social and health disparities as well as systemic barriers to accessing healthcare services.

We are excited to welcome Chantal Mukandoli to our team to support implementation of this program. Chantal is our new HIV Health Services Navigator. She brings a wealth of experience and dedication to WHIWH-CHC having worked extensively in the community, particularly in fighting stigma and discrimination against people living with HIV. Chantal openly shares her journey of living with HIV and mental health. She has worked as a Peer Ambassador and was actively involved in various programs at WHIWH,

including Women and HIV program peer support, HIV Self-Testing Kit Distribution, Gender Based Violence (GBV), diabetes, and hypertension programs.

She has served as Co-Chair of International Community of Women Living with HIV, North America (ICWNA), a Board Member of the International Steering Committee ICW, Advisor on the Ontario Women Working Group Committee (WHA), Chair of the Madelaine Sanam Foundation, and a member of the ACB Steering Committee of the REACH I am Ready HIV Self-testing Program.



● System Navigation Access and Partnership (SNAP) Project

The SNAP project was a peer-led project focused on supporting African Caribbean and Black young women living with HIV with system navigation to increase timely appropriate care and support for young HIV positive women aged 16-29. The program provided essential support to navigate the healthcare system, access mental health services, and build a strong support network. Through systems' navigation, we have improved the health and wellbeing of young women living with HIV by:

1. Reducing barriers to care including reducing HIV-related stigma and discrimination/racism/sexism/homophobia, cultural and language barriers, complexities of navigating healthcare systems, social isolation, limited knowledge on HIV management etc.
2. Fostering a supportive peer-led environment to enhance linkage to HIV care services
3. Increasing retention in care through ongoing peer support and navigation; and
4. Enhancing emotional and social support networks for overall wellbeing and quality of life.
5. Increased knowledge and awareness among young women living with HIV, enhanced self-advocacy, sense of belonging, empowerment, and social support among participants, leading to improved mental well-being and adherence to HIV treatment

Testimonials from some of the young women.

“The SNAP peer navigator connected me to vital resources like a family doctor, clothing, and food bank. The group members provided a supportive community that understands my

struggles with HIV, I now have a community to run to for psychological/ psychosocial support, as well as food and clothing for myself and my baby that enables me to save my money for other essential needs. I also received referral to different organizations when I was pregnant and with information for other resources like employment programs, and attended outreach events for young people living with HIV”

“The program has helped me build my confidence in sharing among other women. When I joined the group, I was scared but everyone made me feel comfortable to share my struggles as a newcomer. I received a lot of help as I was in the street, I was connected to a shelter, and I have a home through the support here. SNAP group is my family knowing that I am not alone in the struggle I now have more confidence in myself knowing fully well that I can positively live with HIV.”

We would like to thank Anita Ikwue for coordinating the SNAP project which ended in July 2024.

● Student & Family Advocate Project (SFA)

WHIWH student and Family Advocate project (SFA) focuses on supporting neighborhoods and schools in the Greater Toronto Area to provide one-on-one case management, workshops and community engagement supports to advocate and empower young Black women. The SFA program is a new program that was launched in September 2021. The program is geared towards the population of young Black women to create cultural, gender and race-based advocacy for Black women in educational spaces to better

dismantle systemic biases. WHIWH-CHC is the only organization that offers a gender-specific SFA initiative in Ontario.

For more information contact: Kashaia Henderson kashaia@whiwh.com

● The netWORKING: Young Black Women's Mentorship Project

This project is dedicated to supporting African, Caribbean, and Black (ACB) women 16-25 years living in the GTA by offering both one to one and group career-focused mentorship, aimed at advancing personal, academic, and professional achievements while fostering safer community spaces for Black women. Key objectives include enhancing educational attainment, employability, and overall well-being through embedded communal support. Mentees engage in monthly virtual meetings with their mentors, who guide them in skill development and career planning, reinforcing self-esteem and decision-making abilities.

This year, the netWORKING Project has collectively reached 209 young Black women between 17-29 years old through 1:1 mentorship, workshops, and events. We successfully supported 75 youth through group mentorship sessions and workshops.

To learn more about this project contact Chantal Rowa Mohamed at rowa@whiwh.com

● We Matter Project

The We Matter Project is a six-year initiative aimed at improving access to culturally appropriate, gender-responsive health services for African, Caribbean, and Black (ACB) women, non-binary, and trans youth by addressing systemic barriers and anti-Black racism in healthcare. Using a youth-led, participatory approach, the project engaged young people as peer researchers and Youth Advisory Council (YAC) members to guide

strategic planning and data collection. By leveraging digital platforms, including a service map and social media, and promoting digital storytelling, the project aims to amplify youth experiences in navigating the health system. A Community of Practice (CoP) was developed alongside the collaboratives and YAC, with training modules focused on addressing anti-Black racism, power dynamics, and gender equity in healthcare settings.

To learn more about this project contact Monica Bagaya at monica@whiwh.com and Mame Antwi at mame@whiwh.com





● HIV Care Program: Women's Skills Building and Case Management

The Women's Skill Building, and Case Management Program is part of our HIV Care Cascade Program, funded by the HIV and Hepatitis Programs, Ontario Ministry of Health, aims to improve the health and well-being of African, Caribbean, and Black (ACB) women living with HIV. The program is a key part of the H-CARE Cascade, offering critical support through early diagnosis, timely engagement in care, and empowering women with skills development and health promotion. In 2024, the program made significant strides through funding to expand clinical care through a nurse practitioner led model and increasing referrals to mental health and social services. In-person programming fully resumed with 11 monthly skills-building sessions and a summer networking event, fostering community support and participation. Additionally, HIV awareness campaigns, along with the introduction of self-test kits, led to a rise in testing rates and early diagnosis. The Case Manager was instrumental in coordinating care, offering crisis counseling, and collaborating on research projects to enhance HIV care models, while also leading provincial campaigns focused on prevention, treatment, and care for ACB communities.

● Organizational Capital Assistance and Human Resource Capacity Building Projects:

This project aims to upgrade an aging IT system with modern cloud-based software to serve as the backbone for the creation of a data and communication ecosystem that is not only technologically advanced but also responsive to the needs of staff and clients and improves access to health care through increased efficiency. It will help WHIWH to reduce the risks associated with data loss,

data breaches and other cybersecurity challenges. The proposed IT system will facilitate the secure sharing of patient information among healthcare providers and supporting seamless knowledge transfer and collaborative care. The cloud-based system will also securely house administrative records that can be accessed seamlessly and remotely by staff and will facilitate further growth of the organization should we be able to expand to multiple locations and develop satellites in the future.

We also received funds to support Human Resources capacity building. Through these funds, we developed plans and processes to ensure a workforce that is culturally competent and attuned to the specific needs of the communities we serve. We identified leadership team skills and internal training initiatives to support an inclusive, and adaptable healthcare workforce, while fostering a supportive environment for equity-seeking communities.

We have also implemented a succession planning process to support resilience and ensure that leadership positions are filled with individuals who understand the unique challenges faced by marginalized populations. This strategic approach will prevent disruptions in service delivery and maintain continuity in addressing health needs and disparities. Moreover, a well-prepared succession plan will allow us to identify and continue to nurture talent from within these communities and promote representation at all levels of the organization.

RESEARCH STUDIES UPDATE

● Near Patient Study of the OraQuick ADVANCE HIV-1/2 Rapid Antibody Test in Oral Fluid and Fingertick Whole Blood (ORASURE)

The project was successfully completed in February of 2024, with a total of 200 participants successfully recruited. The team at REACH NEXUS have submitted a manuscript for publication on the study, with the WHIWH team listed as co-authors. The manuscript will be published through BMC Public Health. There is potential for other publications with other journals.

● I am Ready HIV Self-testing Program/I AM health Program

This is a national research program led by Dr. Sean Rourke, Unity Health, St. Michael's Hospital and REACH NEXUS. WHIWH is a member of the team which is implementing, scaling up and evaluating low-barrier options for access to HIV self-testing to reach the undiagnosed and offer choices about how to connect for needed care whether one is HIV positive or negative. The program started as a program science research project that consisted of: (a) A test app where a participant responds to surveys, gets a test kit and is referred to services; (b) An I am Ready to Talk platform which is run by peer navigators to provide support during or after the test. An ACB Steering committee meets biweekly to support the program and analyze and review the data from the program.

The I am Ready Program was running parallel to a larger Community Link HIV self-testing program funded by the Public Health Agency of Canada (PHAC), which ended at the end of March 2024. The National ACB working

group oversaw the implementation of the ACB arm of the I AM health Program and supported development of a social marketing campaign that was tailored to the needs of ACB population. Though the community link program has ended, we still have access to HIV self-testing kits which can be accessed at <https://www.i-am.health/acb> or through organizations that were funded by PHAC to distributed the kits before the end of the program in March 2024.

The I am Ready Program's test app and Ready to Talk platform are still active and ongoing and can still be accessed through the link above to support HIV self-testing kit distribution.

If interested in participating use the link provided above, but for all other information, please contact Wangari Tharao at wangari@whiwh.com

● Ontario Cohort Study:

The Ontario Cohort Study (OCS) is an anonymous, confidential long-term study that collects information on people living with HIV in Ontario as they move through distinct phases of life. This study is part of the Ontario HIV epidemiology and surveillance initiative. The data from the OCS is used to improve services across Ontario (engagement and care, advocacy, and promoting optimal Health) for people living with HIV today and in future.

In the past 1 year, from September 06, 2023, to September 6, 2024, we have conducted 170 follow-ups and 45 Baselines. We currently have 230 active participants,

To learn more about this project contact Majorie Kabahenda at majorie@whiwh.com

● MYPRO

To continue improving patient care, Women’s Health in Women’s Hands Community Health Center is piloting MYPRO, a Patient Reported Outcomes (PROs) assessment. This periodic patient questionnaire focuses on several aspects of your health and well-being, including mental well-being; potential experiences of gender-based violence; and we are testing its potential impact as part of routine standard care to help determine whether it improves communication and quality of care during clients’ appointments. Since June 2024, 227 clients have consented to participate in the intervention, 158 have completed the survey and 69 in progress.

Once clients complete the survey, a summary sheet is generated and uploaded into clients files for discussion with their care provider. Issues that may not come up in an appointment are summarized and shared with the provider to incorporate as part of the discussion with the client.

We will be evaluating the intervention through a survey and in-depth interviews with a limited number of clients who have discussed the summary sheet with their provider to determine effectiveness of the program. To learn more about this project contact Majorie Kabahenda at majorie@whiwh.

● ACB CHIWOS Data and ACB WCHC SUB-HUB:

Chaired by Dr Notisha Massaquoi, Mary Ndungu and Wangari Tharao, the ACB CHIWOS data group has joined forces with the ACB WCHC (Women Centred HIV Care) Sub Hub which is a component of a larger WCHC Hub led by Dr. Mona Loutfy, Women and HIV Research Institute at Women’s College Hospital. The aim of the WCHC hub is to develop and carry out a national knowledge mobilization strategy to broaden the reach

of the WCHC Model of care which was developed based on the data generated from the CHIWOS cohort study to support optimal care for women living with HIV.

Our team will leverage the ACB women data from CHIWOS through the stakeholder group we have established comprising of Black women researchers within the academy and community-based settings, services providers (Black women providers), graduate students and other Black women and their community leaders. This group has laid down the foundational work to support analysis of the data to better understand the issues of ACB women living with HIV and build effective supportive mechanisms to optimize their health and wellbeing. Through the ACB women sub hub, we are mobilizing the ACB women CHIWOS data to share with all relevant stakeholders including clinicians, community-based organizations, ACB women, policymakers, and learners/students across Canada. Our ultimate aim is to enhance health outcomes, eliminate gaps in access to care, and improve the quality of healthcare for ACB women with HIV, as well as build capacity of Black women researchers to take on the baton for research on Black women’s Health. Our first knowledge mobilization event will be held on November 1st and 2nd. To register follow the links below:

<https://forms.gle/EfEPfE21F9JFTk8h9---In>
PERSON participation

<https://forms.gle/Fxax2dYCaKsCp9wF7--->
REMOTE ZOOM participation

For more information or to get involved, send email to acbchiwos@whiwh.com

● Safe Hands Safe Hearts:

We implemented a peer-led eHealth intervention (#SafeHandsSafeHearts) at WHIWH which was one of 3 sites (Toronto, Mumbai and Bangkok) where the program was pilot tested. The intervention aimed to

increase COVID-19 knowledge and protective behaviours (masking, physical distancing and hand washing) and reduce psychological distress during the pandemic. The program was targeted to 2SLGBTIA+ populations and involved three sessions delivered online by peers. Two hundred and two (202) participants participated in Toronto.

We also conducted focus groups and key informant interviews to gain an in-depth understanding of the data that emerged from the survey.

We have just completed phase two of the intervention which involved interviewing the peer counsellors, research coordinators, and clinical supervisors who supported the delivery of the eHealth intervention. The data analysis for this phase has been finalized and the team will be meeting soon to discuss the findings. For more information, please contact wangari@whiwh.com

● **Optimizing the Vaginal Microbiome in African, Caribbean and Other Black (ACB) Women from Toronto, Canada: Defining Clinical Endpoints and Community Priorities**

This is a new project which emerged from the very successful vaginal health knowledge translation and exchange event held in August 2024. Based on the issues that were raised by the women, we obtained funding from the Canadian Institute of Health Research (CIHR) to support implementation of the project. We have established a community-academic partnership between WHIWH and Dr. Notisha Massaquoi, University of Toronto, Scarborough Campus and Dr. Rupert Kaul, University Health Network whom we have been working with since 2006. The team also includes other hospital and university-based researchers, in addition to a community advisory board that will be inclusive of ACB women and service providers working with them.

The goal of the study is to understand how variations in the microbiome of the vagina – that is, the normal bacteria that are found in the vagina – are associated with immune factors in the vagina and its implications for vaginal health.

Through focus groups and surveys, we will collect data to help us understand from ACB women's perspective, what constitutes "optimal" or "suboptimal" vaginal health and related symptoms, common vaginal health practices and preferred treatment options/choices if and where available.

For further information, please connect with Wangari Tharao, Director of Research and Programs at wangari@whiwh.com

● **Community Collaboration with the City of Toronto on Confronting Anti-Black Racism in Toronto:**

Women's Health in Women's Hands collaborated with the The City of Toronto's Confronting Anti-Black Racism (CABR) Unit which is responsible for implementing the Action Plan to Confront Anti-Black Racism. The unit works with divisions, agencies, and commissions to drive transformative systems change in policy and practice across Toronto. The first Five Year Action Plan outlined 22 recommendations and 80 actions across five issue areas to dismantle systemic barriers and create meaningful systemic change. As the five year plan is coming to an end, the City is developing a renewed 10 Year Action Plan. As part of this initiative, Women's Health in Women's Hands hosted 3 community consultations to gather Black women's experiences and perspectives regarding systemic barriers, reflecting emerging areas of concern and opportunity. We will continue this collaboration as the work unfolds and the new 10 year plan is finalized and launched.



POPULATION HEALTH TEAM

We would like to welcome Tharnya Sivanithy as our new Director of Population Health at WHIWH-CHC!

Tharnya completed her Masters of Social Work in the Human Services and Management Stream at University of Toronto, and is currently pursuing her Masters of Public Health at Lakehead University. She has over a decade of experience in healthcare and has worked at numerous hospitals and non-profit organizations across Toronto. Tharnya is an organizational leader who is passionate about health promotion; community engagement; education; and equity, diversity and inclusion. During the recent pandemic, many high priority communities were disproportionately impacted by COVID-19. As a Community Partnership, Outreach and Engagement Specialist at Michael Garron Hospital, Tharnya led equity-driven engagement strategies in collaboration with the hospital's mobile vaccine team, communications team and community partners and stakeholders, to vaccinate thousands of residents in East Toronto. These strategies included partnering with community agencies to plan hyperlocal virtual town halls, collaborating with community health ambassadors to address community barriers, and building vaccine confidence by sharing resources translated in priority languages.

Tharnya is also an active member in her community and has volunteered at her local hospitals, community centres and libraries. She enjoys watching movies with her family, spending time in nature, reading books and writing poems.

Tharnya is excited to collaborate with WHIWH's Population Health Team to identify community needs and priorities, and to plan,

implement and evaluate health promotion, counselling, community development and community support programs. With her strong commitment to health advocacy, she looks forward to participating in health planning with the community, internal staff teams and relevant organizations and networks, to improve health outcomes for our clients and communities.



● African, Caribbean, Black Family Group Conferencing (ACB-FGC) Project

The ACB-FGC project is an adaptation of the Family Group Conferencing model of Alternative Dispute Resolution used in family conflict situations to help streamline court processes and encourage alternatives to court for families engaged in the child welfare system. Our adaptation builds from this model to meet the distinct needs of African, Caribbean, and Black children, youth and families.

This project is a collaboration between Women's Health in Women's Hands Community Health Centre (WHIWH-CHC) and University of Toronto's Ontario Institute for Studies in Education (OISE). The ACB-FGC Project receives family referrals from both the Children's Aid Society of Toronto and WHIWH-CHC. This year we have continued to

receive referrals from WHIWH-CHC staff and collaborative workflows have been developed to support clients' access to this program. ACB-FGC Coordinators are working with the families to develop a safety plan, family plan or a plan of care for the children.

The OISE team has received funding from the Law Foundation of Ontario to develop a new model of Alternative Dispute Resolution that builds on our ACB-FGC model, but can be applied to the family court system. This project has been underway since September 2023, and the first course is set to launch in January 2025.

● Diabetes Education and Prevention Programs

The Diabetes Education Program at WHIWH-CHC provides culturally-adapted screening, health education, counselling, support, and medical services for our priority populations with diabetes, pre-diabetes, or gestational diabetes

The registered dietitians who are specialized in diabetes care conducted individual appointments and supported clients to better manage blood sugars, cholesterol and high blood pressure. The focus of this program is to raise awareness and educate clients about diabetes and how to manage or prevent it.

Most of our clients face barriers that adversely affect their ability to manage their diabetes. These challenges include difficulty affording medications, being uninsured, language barriers, and food insecurity. We put in immense effort to address these barriers, in order to better support our clients with navigating the health system and achieving their self-management goals. We provided interpretation services, compassionate program for medications and insulin, and assisted with blood glucose monitoring

devices and insulin needles. Our clients also had the opportunity to access our Food Bank on a weekly basis.

● Collaboration Between Healthcare professionals in Diabetes Care is crucial in WHIWH-CHC:

Tips on Foot Care and Nutrition Workshop: In May 2024, registered dietitians had the opportunity to do a workshop with the chiropodist. This program aimed to raise awareness and knowledge on diabetes management and foot care. This was an interactive opportunity to provide education on how to eat healthy, exercise and learn ways to take care of feet!



● Diabetes Prevention Program: Community Health Ambassadors Project 2023-2024

Healthy Living Now; for Better Health Outcome and Resilience Project 2023-2024

As an integral part of the comprehensive diabetes prevention and treatment services of WHIWH-CHC, we trained nineteen community health ambassadors who will conduct Healthy



Living Diabetes workshops for our priority populations. Each ambassador will conduct two workshops with a combined number of twenty participants from different communities on “Healthy Living.” This program aims to build the capacity of our communities to live healthier lives and to support the leadership development of women, trans and nonbinary individuals from these diverse communities. The Diabetes Prevention Workshops focus on promoting healthy eating practices, physical activities, and stress-management strategies to prevent Type-2-Diabetes. Throughout the workshops, participants explore topics such as Canada’s Food Guide, Canadian Physical Activity Guidelines and stress management exercises. They are provided with healthy cultural recipes and additional diabetes prevention tools, both in hard and virtual copies. In all workshops, participants are encouraged to discuss and plan lifestyle changes to promote health and wellbeing.



2023 - 2024 Community Health Ambassadors/Peers for Diabetes Prevention Program:

- Chickerenma Umechuruba
- Riffat Fatima
- Zoobia Safdar
- Freshta Mirza
- Ambreen Asif
- Irene Pamela
- Ashley T.
- Candice Blackwood
- Elaine Hendricks
- Gloria Kuffuor
- Sherril Grandison
- Dipika Moni Roy
- Reham Teama
- Randa Algafaraway
- Neena Matta
- Vanita Sabharwal
- Fernanda Morales Rodriguez
- Romy rosalin alza meza
- Heena Kauser

Current Food Bank Volunteers:

- Martha Acosta
- Teresa Elkhoury

Chickerenma Umechuruba
Sherene Pavan

Previous Food Bank Volunteers:

Erание-Nero-Sam
Kabuubi Prossy
Selline Obonyo
Flora Mutiga

● **Mind Body Movement (MBM) Programs**



Hafsa Hassan Kombo - Healthy Living Coordinator

Clients have the opportunity to engage in our Mind Body Movement programs (MBM) which includes: Mindfulness Meditation, Chair Yoga, Dao Yin Yoga, Zumba (classes for adults and older adults), and Qigong. In addition, one-on-one yoga provides an opportunity for clients to learn ways to nurture the mind-body connection and gain effective practices to implement at home. Each practice is designed and taught according to the individual's physical and/or therapeutic needs, strengths, and flexibility.

Clients have enjoyed both virtual and in-person programming which provides more accessibility to the MBM programming. However, the in-person programs continue to be our clients' favorite and continue to enhance social connections as well as physical wellness.

Client Feedback for the MBM Program:

"I love the Mindfulness Meditation program, it certainly got me back on track to the practice of 'breathe and let go'."

"I would like to thank you for the Zumba classes and having the opportunity to participate in these movement classes in which different levels are incorporated. I find it very beneficial for the body/mind, while listening to the Zumba music which was also a great opportunity to break from daily routine."

"I thank you for the opportunity to provide ideas/feedback and for your efforts"

'On behalf of the Chair Yoga group, I would like to say thank you for coordinating and organizing this program. We felt at home and encouraged...Shehla is wonderful."

"I am very grateful to be part of the Yoga program because it helps my body and mind to be centered, balanced, flexible and happy...Thanks very much Hafsa for allowing me to be part of this amazing program, as well as Qigong."

● **Mental Health Care at WHIWH-CHC: Mindfulness and Self Compassion Group for Women Living with HIV (February 15, 2024 – March 14, 2024):**

Amrutha G (Mental Health Therapist) in collaboration with Irene W (HIV Services Navigator) and Mary N (HIV Prevention and Care Cascade Program Team Lead) facilitated a 5-week in-person group for women living



with HIV for clients from African, Caribbean, Black (ACB) communities. This group aimed at providing a welcoming and non-judgmental space for individuals with HIV to come together and navigate their unique challenges: adjusting to a new diagnosis, managing HIV-related stigma and prioritizing self-care. Participants reported an increase in their awareness regarding the practice of self-compassion and learned tools to enhance emotional resilience, reduce internalized stigma, and strengthen their support networks. The group also emphasized the importance of self-advocacy in healthcare settings and provided strategies for managing the psychological and social impacts of living with HIV. By the end of the series, participants reported feeling more empowered to take control of their health and well-being, as well as a greater sense of connection with others facing similar experiences.

Client Feedback

“I’m leaving this group feeling more empowered to advocate for myself, both in healthcare settings and in my personal relationships.”

“This group opened my eyes to the stigma I’ve internalized about HIV, and it helped me start the process of healing.”

“I loved connecting with other women who share similar experiences. It gave me a sense of community and strength.”

● **Carried by Faith (March 6, 2024 – April 10, 2024):**

Carried by Faith was a group developed in collaboration between an external facilitator, the Mental Health Team and the Diabetes Prevention Program in response to a need from clients requesting a Christian informed approach to dealing with the stressors of life.

The 6-week group, that was the first of its kind at WHIWH-CHC, welcomed participants from all our priority client groups. The group’s objective was to explore spiritual practices from Christian traditions to cope through times of hardship and distress. Participants were able to explore and learn how to apply Christian informed practices in navigating life’s challenges, finding a way through and moving forward by creating new pathways.

Client Feedback

“Everyone’s opinions were included and facilitators were very knowledgeable and professional and kind to all of us”

“I would like to plead for another similar program. It finished before our healing of emotions and pain”

“The group was calm, welcoming, friendly and helpful. May you please invite Sharon and Wangari again – this tag team is awesome!”

● **Ontario Structured Psychotherapy Program (OSP):**

The Ontario Structured Psychotherapy Program (OSP) at WHIWH-CHC, in partnership with CAMH, includes Yenis Machado Patel (Intake Counsellor), Yohanna Beraki (Mental Health Therapist), and Teresa Salazar (Mental Health Therapist). The OSP team offers Culturally Adapted Cognitive Behavioural Therapy (CA-CBT) to help clients explore the connections between their thoughts, emotions, and behaviors. Through in-session exercises and personal projects between sessions, clients are empowered to draw on their strengths and resources, developing new coping strategies that enhance their daily functioning and quality of life. From 2023 to 2024, the OSP team achieved significant progress in delivering mental health

care. Key accomplishments include:

- **Tailored Care:** Personalized treatment for individuals experiencing symptoms of Depression, Generalized Anxiety, and Panic Disorder, and ensuring that care is specifically designed to meet individual needs.
- **Bilingual Support:** Offering services in both English and Spanish, to increase accessibility and inclusivity of diverse clients.
- **Professional Development:** Successfully completing four out of the five required OSP trainings, with the final trainings scheduled from August to October 2024.
- **Collaboration with CAMH:** Strengthening ties with CAMH through regular participation in both individual and group consultations, including CA-CBT group discussions, which helped us leverage collective expertise and optimize our services.
- **Streamlined Processes:** Developing a comprehensive referral process in collaboration with CAMH, alongside a detailed intake pathway, assessment procedures, and documentation.
- **Continuous Improvement:** Maintaining rigorous monitoring and documentation of client participation and progress, emphasizing our commitment to the ongoing enhancement of our care delivery.

These accomplishments highlight the OSP team's dedication to providing high-quality and innovative mental health supports.

● Culturally Adapted Cognitive Behavioral Therapy (CA-CBT) for Black populations

Wangari Tharao, Director of Research and Programs worked with researchers at the Centre for Addiction and Mental Health (CAMH) over several months to further tailor the Culturally Adapted Cognitive Behavioral Therapy (CA-CBT) model to address specific needs of Black populations. On September 18, 2024, WHIWH hosted the launch of the **Culturally Adapted Cognitive Behavioral Therapy (CA-CBT)** for Black populations: A training program for health care providers in Ontario, funded by Ontario Health. This well-received event featured discussions on the inception to implementation to impact of CA-CBT. Kudos to staff members, Teresa Salazar, Yenis Machado Patel and Yohanna Beraki delivered a presentation on how they have successfully incorporated this model into their care with clients at WHIWH.



FINANCIAL STATEMENTS (Audited)

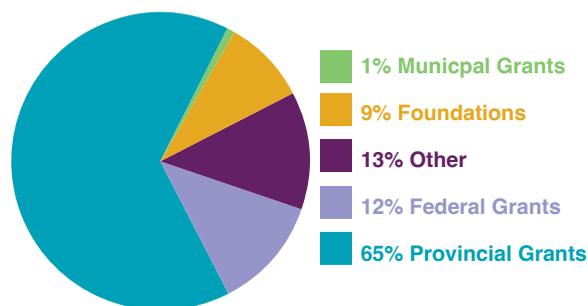
Women's Health in Women's Hands CHC -summarized statement of Revenue and Expenses for the year ended March 31st, 2024 (With comparative figures for 2023)

Expenditure	2024	2023
Salaries,Benefits and Relief	\$5,067,517	\$4,459,660
Other staff related cost	\$39,544	\$35,563
Purchased Services and consultancy	\$356,646	\$288,606
Non insured diagnostic & specialist	\$299,999	\$240,101
Occupancy cost	\$670,905	\$640,611
Other overhead cost	\$1,725,088	\$1,526,786
Total Expenditure	\$8,159,700	\$7,191,327
Revenue		
Federal Grants	\$1,090,628	\$769,317
Provincial Grants	\$5,835,170	\$5,775,513
Municipal Grants	\$75,884	\$100,960
Foundations	\$774,985	\$137,500
Other	\$1,147,145	\$876,103
Total Revenue	\$8,923,811	\$7,659,393
Adjustments		
Transfer from/to Special Project Funds	-\$531,040	\$198,435
Due to Ontario Health	-\$184,214	-\$463,728
Due to Ministry of Health and Long Term Care & Aids Bureau	-\$9,654	-\$93,081
Recoveries During the Year	-\$39,203	-\$109,692
	-\$764,111	-\$468,066
Total Revenue minus adjustments	\$8,159,700	\$7,191,327

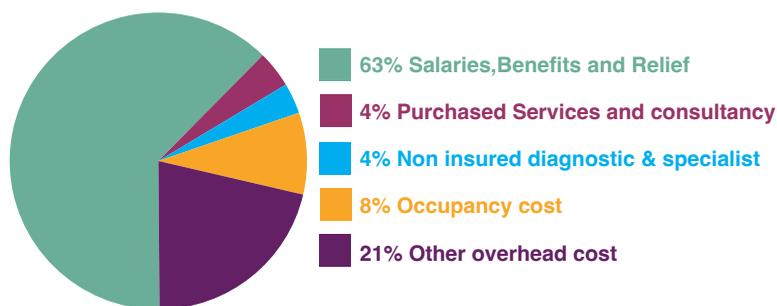
Expenditure	\$	%
Salaries,Benefits,Relief and other	\$5,107,061	63%
Purchased Services and consultancy	\$356,646	4%
Non insured diagnostic & specialist	\$299,999	4%
Occupancy cost	\$670,905	8%
Other overhead cost	\$1,725,088	21%
Total Expenditure	\$8,159,700	100%

Revenue	\$	%
Federal Grants	\$1,090,628	12%
Provincial Grants	\$5,835,170	65%
Municipal Grants	\$75,884	1%
Foundations	\$774,985	9%
Other	\$1,147,145	13%
Total Revenue	\$8,923,811	100%

Revenue



Expenditure



THANK YOU!

It is with deepest gratitude that WHIWH-CHC would like to thank each and every Student Intern, Community Health Ambassador, Peer Leader and Volunteer. Your countless hours of dedication and commitment to the advancement of healthcare for racialized women has been invaluable.

Students:

Adrina Zhong	Feelin Labor	Prerna Sharma	Toyemi Opeoluwa-Calebs
Caroline O’Neil	Leslene Gordon	Priyanka Gill	Yasmine Chertouk
Chante Wright	Maclite Tesfaye	Rabia Towfeq	
Erika Shea	Okechi Okojie	Sydney MacDougall	

Peers/Volunteers:

Affiong Obot	Genelle Pollydore	Nadine Foster	Thebiga Ravendreen
Agnes Mbabazi	Hafsa Abdulsamed	Najjemba Nassim	Theresa Sinclair
Agnes Rwimira	Harleen Sekhon	Nassim Najjemba	Tumaini Lyaruu
Ajoa Ayeko	Hawi Hailu Fufa	Neena.S	Vanita Sabharwal
Alaa Eissa	Heather Blake	Noelie Mutombo	Wachera Mwangi
Alem Tekleab	Heena Kauser	Novlette Evans	Wendolyn Vazquez
Alisa Buckley	Hunyah Irfan	Petra Amoako	Wendy Zimbata
Amandeep Sekhon	Ielaf Khalil	Phyliscia Addison	Zahida Khan
Amina Chaudhary	Irene Nakato	Precious Eriamator	Zenitha Temenu
Angela Patricea Ramirez	Jada Kirlew	Rachel McCallum	
Azra Abdul Cader	Jane Irungu	Rebecca Maina	
Belinda Ageda	Jennifer Drummond	Riffat Fatima	
Bethelehem Birara	Jihad Hakim	Rizwana Zulfiqar	
Bonani Mathe	Joanne Okungbowa	Robby Mukonjero	
Calista Nyembwe	Juhaina Moustapha	Romee Gayle	
Chantal Mukandoli	Junic Wokuri	Romy Alza Meza De Monge	
Chikerenma Umechuruba	Justice Anderson	Sabat Ismail	
Clementine Utchay	Karen Siyanbola	Sadia R.Sahibzada	
Daniela Zimmerman	Kholeka Ndlovu	Sara Abdelrahman	
Denese Frans	Laarni Santiago	Sauda Keita	
Deqa Nur	Laura Daniela Leon	Shantha Kanagaiyah	
Dequana Simmond	Laureen Adjetey	Shehnila Masud	
Dexter Kanchenski	Louise Tiwaah-	Shequera Powell	
Dipika Roy	Acheamfour	Sherene Pavan	
Emebet Mekonnen	Maria Ruiz	Sherril Grandison	
Esther Guzha	Martha Acosta	Shoma Khan	
Fernanda Morales	Mary Yehdego	Stephanie Sekoh	
Florence Sekitte	Melesech A.Handiso	Subuhi Jaffery	
Freshta Mirza	Muna Aden	Taiwo Adeniyi	

Community & Academic Partners

Access Alliance Multicultural Health and Community Services
 Access St James Town
 Across Boundaries
 African and Black Diasporic Global Network on HIV and AIDS (ABDGN)
 African and Caribbean Council on HIV/AIDS in Ontario (ACCHO)
 Africans in Partnership Against AIDS
 AIDS Committee of Cambridge, Kitchener, Waterloo and Area (ACCKWA)
 AIDS Committee of Ottawa
 AIDS Committee of Toronto
 AIDS Niagara
 Alliance for Healthier Communities
 Alliance for South Asian AIDS Prevention
 Anishnawbe Health Toronto
 Anne Johnston Health Station
 Asian Community AIDS Services
 BC Women's Hospital Ontario AIDS Network
 Black Coalition for AIDS Prevention
 Black Creek CHC
 Black Health Alliance
 Black Physicians of Tomorrow (BPT)
 Black Queer Youth Collective
 Black Women in Motion
 Black Women's Visions
 Blackness Yes
 BrAIDS For AIDS
 Canadian Aboriginal AIDS Network
 Canadian Association of Community Health Centres
 Canadian Centre for Victims of Torture Canadian HIV/AIDS Legal Network
 Canadian Mental Health Association – Communities of Interest
 Canadian Positive People's Network,
 Canadian Public Health Association Caribbean
 Casey House Hospice
 CATIE
 Centennial College School of Community and Health Studies
 Central Neighborhood House
 Centre for Addiction and Mental Health
 Centre for Research on Inner City Health
 Centre for Spanish Speaking People
 Centre for Urban Health
 Centre Francophone de Toronto
 Church Street Community Centre
 CIHR Canadian Clinical Trials Network
 CIHR Social Science Research Centre in HIV Prevention
 Community Alliance for Accessible Treatment (CAAT)
 Community Based Research Centre (CBRC) Coordinating Board (PCB)
 Daily Bread Food Bank
 Davenport Perth Community Health Centre
 Delta Family Resource Centre
 Downtown East Toronto Ontario Health Team (DET-OHT)
 Dr. Roz Healing Place
 East Don Mills Midwives of Michael Garron Hospital
 El Tawhid Juma Circle
 Elizabeth Fry Toronto.
 Ernestine's Women's Shelter
 Fife House
 Flemingdon Community Health Centre
 For Youth Initiative
 Forward in Faith International
 Fred Victor Centre
 George Brown College
 Hamilton AIDS Network Health
 Hassle Free Clinic
 HIV & AIDS Legal Clinic Ontario (HALCO)
 HIV Edmonton iRISE
 Hospital for Sick Children
 Humewood House
 Institute for Clinical Evaluative Sciences
 Interim Committee on HIV in Black Canadian Communities (ICHBCC)
 Interim Place
 International Community of Women Living with HIV
 Jamaican Canadian Association (JCA)



- LGBTQ+ Settlement Network Toronto Maple Leaf Clinic
- Maple Leaf Sports and Entertainment
- Margaret's
- McGill University
- McMaster University
- Metrac
- Michael Garron Hospital Department of Midwifery
- Midwives Collective of Ontario
- Mount Sinai Hospital
- MOYO Health and Community Services
- Network for the Advancement of Black Communities
- Newcomer Women's Services
- NGO Delegation, UNAIDS Programme
- North York Women's Shelter
- Oak Tree Clinic
- Ontario Coalition of Agencies Serving Immigrants
- Ontario HIV Treatment Network
- Ottawa Children's Hospital
- Ottawa University
- Parkdale Queen West Community Health Centre
- Pathways For Education
- People to People Aid Organization (Canada)
- Planned Parenthood Toronto
- Positive Living Niagara (PLN)
- Positive Pregnancy Program
- Pride Toronto
- REACH Nexus
- Rexdale CHC
- Rexdale Women's Centre
- Robert Carr Network Fund
- Ryerson University Faculty of Nursing
- Ryerson University Faculty of Social Work
- SafeLink Alberta
- Salvation Army Sherbourne Health Centre
- Sojourn House
- Somerset West CHC
- South Asian Women's Centre
- St James Town Community Corner
- St. Andrew's Roman Catholic Church - Toronto
- St. Joseph's Hospital
- St. Michael's Hospital
- St. Michael's Hospital HI-FI Lab
- Street Haven
- Taibu Community Health Centre
- Teresa Group
- The 519
- The AIDS Network, Hamilton (The Network)
- The Canadian Clinical Trials Network
- The Redwood
- The Redwood
- Thorneloe University
- Times Change
- Toronto Community Housing Corporation
- Toronto HIV/AIDS Network
- Toronto Metropolitan University, Faculty of Nursing
- Toronto Newcomer Strategy: Health Pillar Committee
- Toronto People with AIDS Foundation
- Toronto Public Health
- Unison Health and Community Services
- University Health Network
- University of Calgary
- University of Montreal
- University of Ottawa
- University of Toronto Bloomberg Faculty of Nursing
- University of Toronto Centre for Community Partnerships
- University of Toronto Factor Inwentash School of Social Work
- University of Toronto Faculty of Gender and Women Studies
- University of Toronto, Scarborough Campus
- University of Toronto Faculty of Medicine
- University of Toronto, Dalla Lana School of Public Health,
- University of Western Ontario
- ViiV Pharmaceutical
- West Scarborough Community Centre
- Women and HIV/AIDS Initiative
- Women and HIV Research Institute, WCH
- Women's College Hospital
- Women's Employment Service
- Women's Society Carleton University

FUNDERS AND SUPPORTERS

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WHIWH STAFF

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|-------------------------------------|----------------------------------|--|
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| Amrutha Attokaran George | Majorie Kabahenda | Claudia Samayoa |
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| Monica Bagaya | Fariha Kibria | Krina Shah |
| Yohanna Beraki | Tara Kidwai | Nima Shire |
| Marilene Caetano | Hafsa Kombo | Eesananthini Sivakumar |
| Amina Chaudhary | Natasha Lawrence -5 years | Tharnya Sivanithy |
| Mandeep Cheema | Diana Lubega | Hoda Tadayon |
| Victoria David | Crystal McLeggon Wilson | Yodit Teklehimanot |
| Sara Farah | Corrine McPherson | Esther-Wangari Tharao -25 years |
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| Zayanna Findlay | Chantal Mukandoli | Sheryl Valencia |
| Rosa Maria Flores | Irene Nangulu | Julie Vandahl |
| Zahra Goodarzi | Mary Ndung'u | Junic Wokuri -5 years |
| Lori-Ann Green-Walker | Nontobeko Nkala | |
| Daisy Guerrero | Lyndsay O'Brecht -5 years | |
| Mihret Haile | Divine Omeire | |
| Kashaia Henderson-Doyle | Yenis Patel | |
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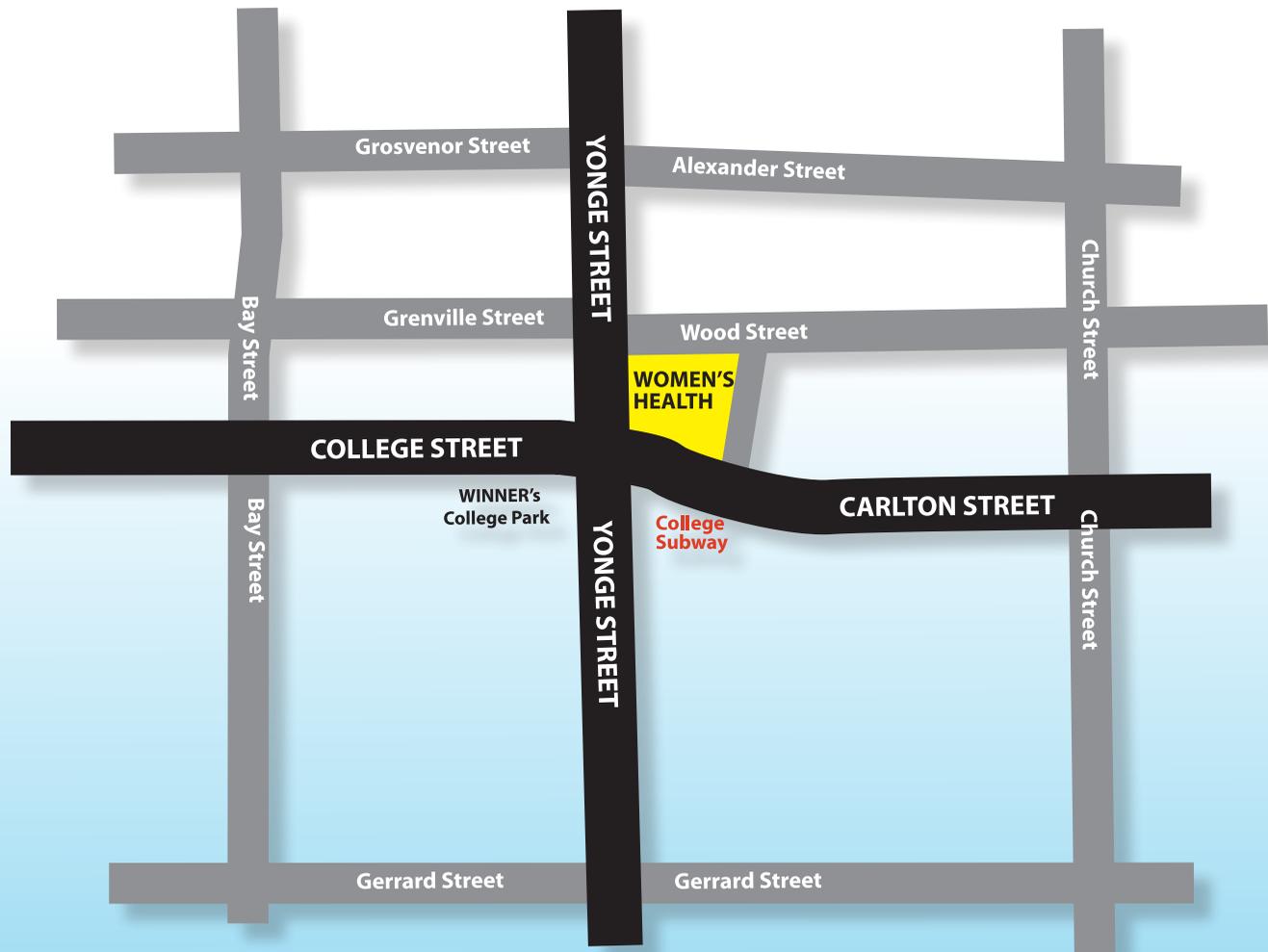
Hours

Monday, Thursday, Friday 9am-5pm;
Tuesday and Wednesday 9am-8pm

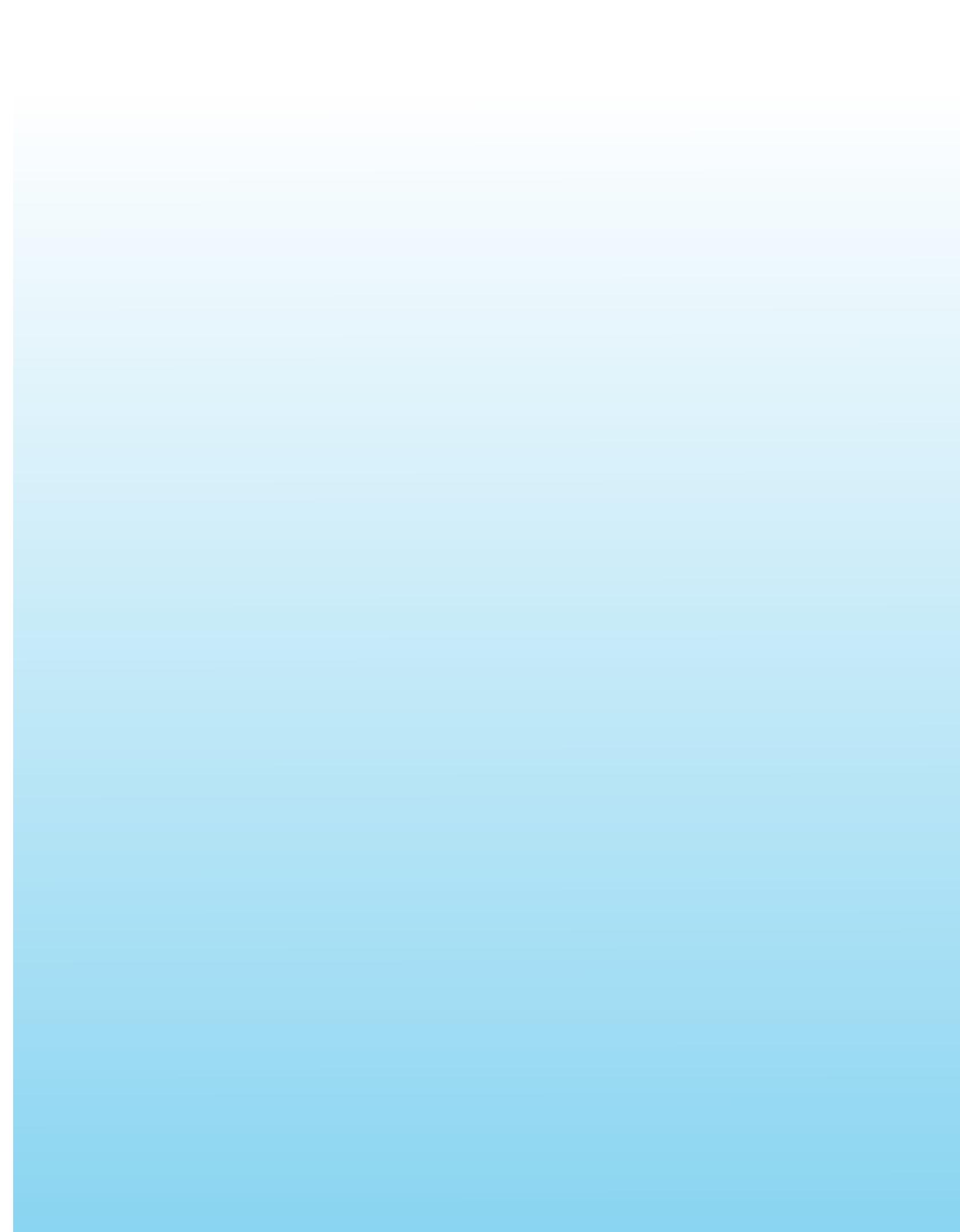
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Location Map









**WOMEN'S HEALTH
IN WOMEN'S HANDS
COMMUNITY HEALTH CENTRE**
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